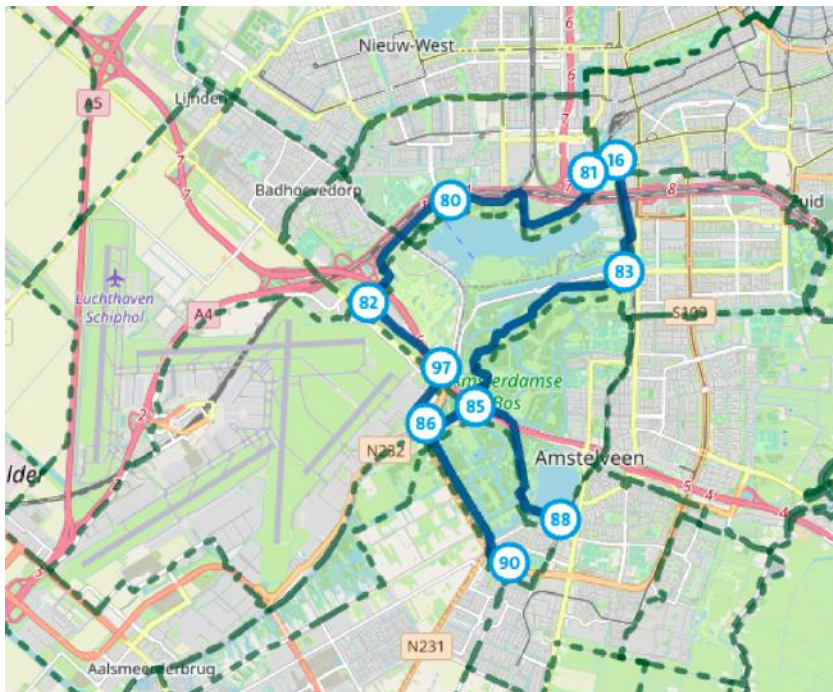




F4D1 DE KWAKEL EN UITHOORN

Maandag 27 mei blauwe route van 22,6 km

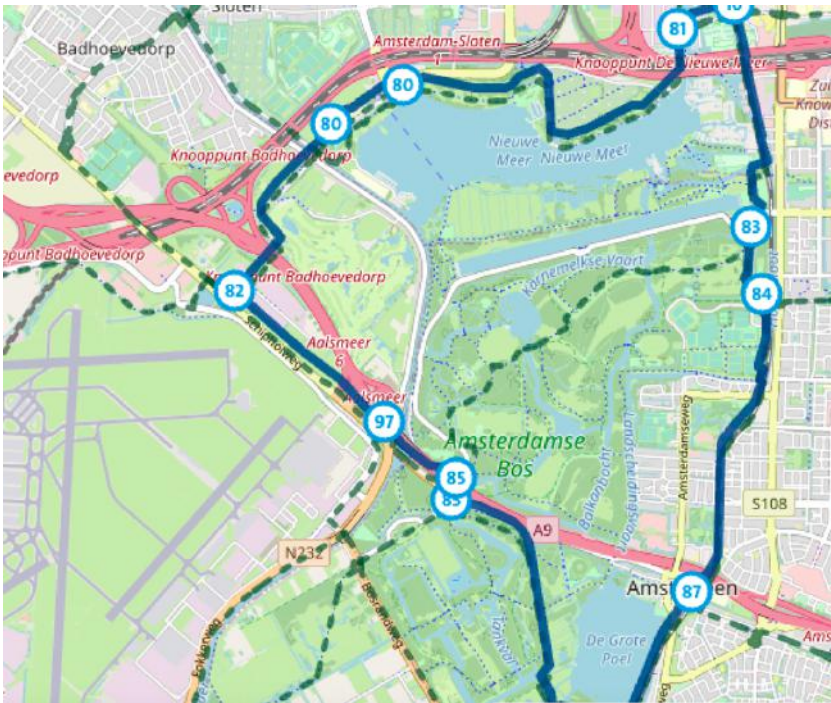
START **90** - (5 km) **92** - (4.9 km) **26** - (529 m) **27** -
 (3.9 km) **31** - (2.6 km) **28** - (3.9 km) **93** - (391 m) **93** -
 (3.2 km) **92** - (1.5 km) **90** EINDE



F4D2 AMSTERDAMSE BOS

Dinsdag 28 mei blauwe route van 21,4 km

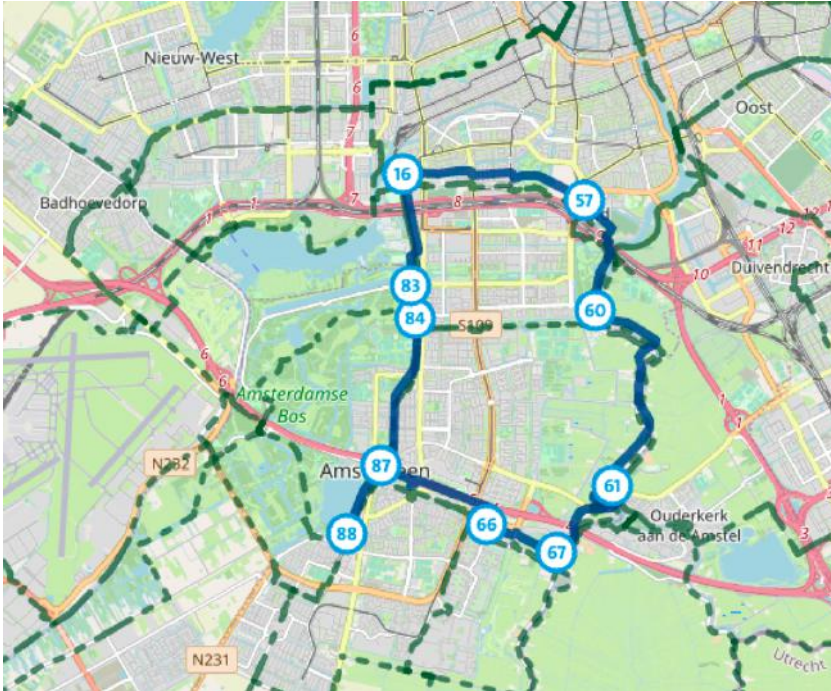
START **90** - (2.5 km) **86** - (757 m) **85** - (3.8 km) **83** -
 (1.9 km) **16** - (540 m) **81** - (3.0 km) **80** - (2.3 km) **82** -
 (1.5 km) **97** - (1.3 km) **86** - (1.2 km) **85** -
 (2.6 km) **88** EINDE



F4D3 DE NIEUWE MEER

Woensdag 29 mei blauwe route van 17 km

START **88** - (2.6 km) **85** - (190 m) **85** - (753 m) **97** -
 (1.5 km) **82** - (1.6 km) **80** - (697 m) **80** - (3.0 km) **81** -
 (539 m) **16** - (1.9 km) **83** - (618 m) **84** - (2.4 km) **87** -
 (1.2 km) **88** EINDE



F4D4 VOGELPOLDERS

Donderdag 30 mei blauwe route van 21,8 km

START **88** - (1.2 km) **87** - (2.5 km) **84** - (618 m) **83** -
 (1.9 km) **16** - (3.1 km) **57** - (1.9 km) **60** - (3.7 km) **61** -
 (2.3 km) **67** - (1.2 km) **66** - (2.3 km) **87** -
 (1.2 km) **88** EINDE